# **TOAST & EGGS**

#### AVOCADO TOAST - 8.5

000.

Smashed & seasoned avocado topped w/ crumbled feta and red pepper flakes on Sourdough Multigrain Bread. (ADD EGG + 2) \*CY

### ROASTED HEIRLOOM TOMATO & LABANE - 8

Roasted heirloom tomato, labane, fresh herbs, on Sourdough Whole Wheat Bread. \*CY

#### QUICHE & SALAD - 9.5

Spinach & Cauliflower quiche w/ spring green salad and Krishna almond dressing.

### **BREAKFAST SANDWICH - 11**

Cheddar Cheese Omelette, alfalfa sprouts, avocado, spicy mayo and heirloom tomato, on Sourdough Multigrain. \*CY

#### **BREAKFAST PLATTER - 13**

Two eggs (fried, omelette, scrambled), avocado, labane, spring green salad w/ Krishna almond dressing, & Sourdough Bread. \*CY

### **VEGGIE OMELETTE - 12**

Kale, red and yellow bell peppers, tomatoes, onions. Served w/ sourdough toast and butter. \*CY  $\,$ 

#### NOVA & ONION SCRAMBLE - 12

Soft scrambled eggs with sauteed onions and nova. Served w/ sourdough toast and butter. \*CY

# **BAGELS & PLATTERS**

BAGEL w/

CREAM CHEESE - 4.50 \*cy (ADD EGG + 2)

VEGGIE CREAM CHEESE - 4.75 \*cy

# TUNA SALAD - 11.00

w/ cream cheese, heirloom tomato, red onion and capers. \*CY

# WHITEFISH SALAD 14.00

w/ cream cheese, heirloom tomato, red onion and capers. \*CY

NOVA - 12.50

w/ cream cheese, heirloom tomato, red onion and capers. \*CY

#### TUNA SALAD PLATTER - 14.50

Your choice of plain, sesame, poppy, or everything bagel, with house made tuna salad, cream cheese, heirloom tomatoes, red onions, capers, dill and fresh veg.\*CY

# WHITEFISH PLATTER - 16.00

Your choice of plain, sesame, poppy, or everything bagel, with house made whitefish salad, cream cheese, heirloom tomatoes, red onions, capers, dill and fresh veg.\*CY

#### NOVA PLATTER - 16.50

Your choice of plain, sesame, poppy, or everything bagel, with cold smoked Atlantic salmon, cream cheese, heirloom tomatoes, red onions, capers, dill and fresh veg.\*CY

# **SANDWICHES & SALADS**

# TUNA MELT SANDWICH - 12.00

House tuna salad w/ fresh tarragon, cranberries and sharp cheddar cheese, hot pressed on Sourdough Country Wheat Bread. \*CY

### SALMON REUBEN SANDWICH - 13.00

Salmon, kraut, thousand island dressing, swiss cheese, hot pressed on Sourdough Jewish Rye Bread. \*CY

### SALMON BURGER - 12.50

House made salmon burger w/ cilantro slaw, pickled cucumbers and sesame mayonnaise on house made everything brioche.

# HOUSE GREEN SALAD - 11.50

Spring greens, tomato, cucumber, watermelon radish, w/ house Krishna almond dressing. (vegan)

### KALE CESAR SALAD - 12.00

Chopped curly kale w/ crispy chickpeas, baby heirloom tomatoes, watermelon radish, house yogurt Cesar dressing and parmigiano reggiano.\*CY

### FRESH VEG & FETA SALAD - 13.50

Fresh heirloom tomato, red and yellow peppers, red onions, cucumbers, green olives, fresh herbs, feta cheese and lemon vinaigrette.  ${}^*\text{CY}$ 

# SOUPS

Served w/ toasted baguette 7.00

ZUCCHINI (vegan) - MONDAY THURSDAY - TOMATO BISQUE (vegan)

SPINACH POTATO (vegan) - TUESDAY FRIDAY - LENTIL (vegan)

CORN CHOWDER (vegan) - WEDNESDAY SUNDAY - BROCCOLI (vegan)

The cafe is certified kosher dairy non-cholov yisrael by Chai Kosher.
All items with \*CY are made with 100% cholov yisrael ingredients.

# **SMALL PLATES & SIDES**

YOGURT PARFAIT - 9.50

000.

Greek yogurt, fresh blueberries, house granola and sunflower butter. \*CY

EGGS. TOAST. BUTTER - 7.00

Two eggs scrambled / fried / omelette w/ sourdough toast & butter. \*CY

EGGS. CROISSANT - 7.00

Two eggs scrambled / fried / omelette w/ Croissant. \*CY

BREAD, BUTTER, JAM - 5.00

Toasted baguette, strawberry jam and salted butter. \*CY

SIDE VEGGIE - 5.00

Heirloom Tomato, cucumber, radish, olives..

SIDE AVOCADO - 5.00

SIDE HOUSE GREEN SALAD - 5.00

SIDE TUNA \*cy - 5.00

Heirloom Tomato, cucumber, red onions, capers, dill.

SIDE WHITEFISH \*cy - 9.00

Heirloom Tomato, cucumber, red onions, capers, dill.

SIDE NOVA - 7.00

Heirloom Tomato, cucumber, red onions, capers, dill.

# **HOT DRINKS**

BREWED COFFEE - 2.50

ESPRESSO - 2.50

AMERICANO - 2.50

MACCHIATO - 3.00

CORTADO - 3.25

CAPPUCCINO - 3.50

CAFE AU LAIT - 3.50

LATTE - 4.00

CHAI LATTE - 3.50

MATCHA LATTE - 4.00

LOOSE LEAF TEA - 2.50

HOT COCOA - 3.50

# **COLD DRINKS**

COLD BREW - 3.75

ICED LATTE - 4.00

ICED CHAI LATTE - 3.50

ICED MATCHA LATTE - 4.00

ICED MOCHA LATTE - 4.00

ICED GREEN TEA - 2.50

ICED HIBISCUS TEA - 2.50

HOUSE LEMONADE - 3.50

HIBISCUS LEMONADE - 3.50

FRESH SQUEEZED ORANGE JUICE -3.50 / 7.00

SPRING WATER - 3.00

SPARKLING WATER - 3.00